

A support and information session for people who are experiencing cancer, their friends and families.

Survivorship – Living well after cancer treatment

This free program will provide people with support and information about what to expect following cancer treatment. This session includes guidance and suggestions from health professionals for promoting effective adjustment and coping after treatment.

Topics will include:

- Long Term and Late Effects of Cancer:
Dr Pretoria Billinski, Director of Oncology, Greenslopes Private Hospital
- Psychosocial Wellness After Cancer:
Jo Mangan, Psychologist, Cancer Council Queensland
- Exercise After Cancer:
Anne Peters, Senior Clinical Exercise Physiologist, Body Smart Health
- Relationships and Sexuality After Cancer:
Janine Porter-Steel, Clinical Nurse Manager, Choices Cancer Support Centre, Wesley Hospital

When: Wednesday 25th March 2020

Time: 09.00am – 1pm

Where: Greenslopes Private Hospital
Conference Centre, Ground Floor
Newdegate Street,
GREENSLOPES

- Multistorey car parks with paid parking available (up to \$25 per day)
- Free street parking with no time limit
- Closest bus stop: Newdegate Street – 2 minute walk
- Greenslopes Private Hospital provides a free shuttle bus service, GHP express. It operates between the Greenslopes TransLink Busway Station and the main entrance of Greenslopes Private Hospital between 6am and 6pm

Register via Cancer Council Queensland's website:
<https://cancerqld.org.au/get-support/community-events/information-sessions/>

For further information please call 13 11 20
email communitysupportservices@cancerqld.org.au

Light refreshments provided. Please indicate if you have any dietary requirements.

Bookings are essential!