

# Managing Menopause

## During or after Cancer Treatment

Menopause is a natural process that usually happens between the ages of 45 and 55. However, some cancer treatments can cause menopause to occur early, or suddenly, and this can cause some discomfort and symptoms.

If you would like more information about menopause and cancer along with practical tips and hints to help manage menopause symptoms, join this free webinar presented by Dr Janine Porter-Steele.

Janine is the Manager of Choices Cancer Support Centre at The Wesley Hospital. She is a Women's Health Nurse and specialises in sexuality and management strategies for women affected by cancer.

**We invite you to join this free online session and ask questions in the Q & A chat.**

**Date:** Tuesday 10 August 2021

**Time:** 1pm to 2pm

**Location:** Online webinar – join via your computer, tablet or smartphone

**Topics and Speakers:**

- Managing Menopause after Cancer – Dr Janine Porter-Steele
- Cancer Council Queensland Support Services – Louise Luparia

**RSVP:** Please RSVP your attendance no later than 9 August 2021. To register, go to <https://event.webinarjam.com/register/89/pwqk8t4r> and complete your details. You will receive an email confirmation with login details, and reminder prior to the event.

For further information, please call **13 11 20** or email [healthandcommunityrelationships@cancerqld.org.au](mailto:healthandcommunityrelationships@cancerqld.org.au)